

## **PERMITTED, HIGHER RISK AND BANNED ACTIVITIES ON SHORT-TERM WL YOUTH PROGRAMS:**

### **ACTIVITIES ALWAYS ALLOWED ON PROGRAM:**

- Sports: soccer, basketball, volleyball, ultimate Frisbee, softball
- Swimming, **but no diving allowed ever in any body of water, no matter how deep**
- Raft-building and paddling in shallow, warm, placid water with staff lifeguards present
- Hiking: day hikes only, no overnights, or hikes with full backpacks
- Orienteering
- Dancing
- Riding rollercoasters or other amusement park rides
- Capture the flag and other non-contact, non-tackle group games

### **LIST OF ACTIVITIES PERMITTED BUT CONSIDERED HIGHER RISK: protocols apply: partner organizations must get approval from WL staff to include these activities in programs**

- Horseback riding, but not racing, with professional outfitter
- Rock climbing outdoors or in a climbing gym or Climbing Tower, with professional outfitter
- Backpacking in wilderness setting, or overnight hikes involving camping, with pro. outfitter
- Zip Lines, conducted by professional outfitter
- Students conducting unsupervised research on town or city streets
- Driving Go Karts in supervised facility
- Surfing/Boogie Boarding/Body surfing
- Touch Football only: no tackling
- Flat water or white-water rafting, conducted with professional outfitter
- Ropes course or any type of obstacle course, indoor or outdoor, conducted by professional outfitter
- Flat water canoeing or kayaking, with professional outfitter or trained program staff
- Rappelling, with professional outfitter
- Bicycling: road, mountain, BMX: helmets must be worn at all times
- Dodgeball

### **BANNED WL YOUTH PROGRAM ACTIVITIES: never permitted by any program partner or host family**

#### **The following activities are not allowed on ANY World Learning Youth Programs:**

- WINTER SPORTS: Skiing (downhill and snow-boarding, sledding, ice skating, ice hockey)
- Roller skating/roller blading
- White water, or ocean kayaking
- Driving any motorized vehicle or craft: car, SUV, truck, van, motorcycle, scooter, dirt bike, ATV, tractor, motorboat, jet-skis, plane, snowmobile, helicopter.
- Riding as passenger on any kind of motorbike, ATV, or snowmobile
- Bouldering or Slack-lining
- Slip and Slides
- Bungee Jumping
- Skydiving, Paragliding, Hand gliding
- Spelunking
- Horse racing
- Tyrolean crossings
- Tackle or flag football, rugby
- Jousting and other medieval revival sports
- Base Jumping or flying suit/winged suit activities
- Any form of Trampoline activities, even if the trampoline has safety walls
- Archery or shooting any type of gun or crossbow, including BB guns
- Hunting with any form of gun or crossbow, and no gun range activity allowed.